

Contact: KMR Communications, Inc.
P: 212.213.6444
F: 212.213.4699
info@kmrcommunications.com



**DON'T LET HOLIDAY STRESS BRING YOU DOWN
GET REVITALIZED AT OASIS ON PARK
WITH A UNIQUE THAI AND YOGA TECHNIQUE:
PRANASSAGE**

New York, NY December 9, 2002 - (December 9, 2002) **Pranassage** is a new massage modality that has been developed at, and is exclusive to Oasis On Park Day Spa. **Pranassage** is based on Yoga and Thai techniques, and particular attention is paid to breathwork and moving energy throughout the body to revitalize and tone muscles. **Pranassage** focuses on the neck, shoulders, lower back, hips and thighs, generally areas where people traditionally hold in tension and stress. **Pranassage** utilizes heat, through hydroculator packs, and incorporates stretching and Thai massage techniques, yoga and ayurvedic principles. **Pranassage** also utilizes special aromatic oils designed to trigger relaxation responses as well as energize. **Pranassage** will relieve, relax, invigorate and nourish the muscles through breathwork, movement, aromatherapy and therapeutic massage techniques.

Pranassage is available exclusively at Oasis On Park with Thai Master, Richard Dupree. Please feel free to contact KMR Communications, Inc. for a complimentary trial.

###

For additional information, to schedule an interview or to request products, please contact KMR Communications, Inc. at 212.213.6444, or info@kmrcommunications.com. KMR Communications, Inc. is a vital communications resource, fulfilling the interview of the news media with experts from the medical, fitness and beauty industry.