

Contact: KMR Communications, Inc.  
P: 212.213.6444  
F: 212.213.4699  
[info@kmrcommunications.com](mailto:info@kmrcommunications.com)



---

**SEXTASY CLUB DRUG ANYTHING BUT ECTASY WARN DOCTORS  
DANGEROUS COCKTAIL OF ECTASY AND VIAGRA IS AN ALARMING TREND**

---

**New York, NY October 4, 2002** - Ecstasy is a drug that has been a part of the club scene for years and is used to bring about a sense of euphoria particularly during sexual activity. Now, “club kids” have taken this one step further and combined it with the anti-impotency drug Viagra to form what has been dubbed ‘Sextasy.’ **This new evolution of both drugs deeply concerns Dr. Philip Werthman who is a Los Angeles urologist and male fertility expert.** As he explains, “the ecstasy can provide energy and euphoria but from time to time it can cause decreased libido and performance. When combined with Viagra, it basically compensates for those effects. The problem is, the combination can prove lethal.” Parents of teens everywhere should be wary, as a study done by the National Drug and Alcohol Research Center says that teenagers as young as 16 are aware of the drug combination.

On its own, Viagra already increases heart rate. Ecstasy does as well, so the combination can send people to the emergency room. As Dr. Werthman points out, “this can be dangerous enough for those without a heart condition, however when used by someone with an existing problem, the drug cocktail can substantially increase their risk of developing a heart attack. In addition, it can also lead to stroke or prolonged priapism (erections that don’t subside) which can last several hours and is extremely painful.” Dr. Werthman has heard of such cases where this leads to anatomical damage to the penis requiring patients to have surgery and even causing impotence. The doctor urges anyone who experiences priapism to ice the area and immediately seek medical help, from a urologist or emergency room.

The ‘Sextasy’ craze started in England and Australia but rapidly made it way to The United States. A study conducted last year showed about 12 percent of American high school seniors have tried ‘Sextasy.’ Dr. Werthman understands the phenomenon from a clinical prospective: “Party drugs such as Ecstasy can make people desire sex, but the actual act can be difficult to perform-particularly for the male who needs to maintain an erection. Therefore, the Viagra is used to counter-balance the effects.”

Although medical experts cannot yet be sure of all of the long-term effects of this “club cocktail,” physicians do know that combining ecstasy and Viagra is at best a risky idea. Dr. Werthman emphatically states that, “Viagra puts a strain on the heart and so does ecstasy. It may exacerbate an as yet undetected medical problem in seemingly healthy young adults. When the two are combined its users risk impotence, heart failure, and possibly death.” Ecstasy this is not...

###

For additional information, to schedule an interview or to request products, please contact KMR Communications, Inc. at 212.213.6444, or [info@kmrcommunications.com](mailto:info@kmrcommunications.com). KMR Communications, Inc. is a vital communications resource, fulfilling the interview of the news media with experts from the medical, fitness and beauty industry.